

## **Playing the Toft Way**

As a Committee we have spent some time over the winter identifying a series of values & ideals that all Toft players (Seniors, Women & Juniors) abide by & play within.

Some of these values have come from last year's player survey, and others have come from a select few representatives from each section of the club.

We believe as a club that we must stay true to these values 100% of the time. Doing so will ensure the longevity of the club & to help grow it for the next generation of Toft CC Members.

### ***The values:***

- 1. Sportsmanship***
- 2. Be Respectful***
- 3. One Club Mentality***
- 4. Sweep The Sheds***
- 5. Be Positive in everything you do & enjoy it***

### **In more detail**

#### **1. Sportsmanship**

At Toft we play to win at all times, however this must be done in the right way, we must show great Sportsmanship. In other words, we abide by the phrase Play Hard, Play Fair, and Nobody Hurt.

Playing hard means giving it your all. Giving 100% effort even if you have the smallest chance of victory.

Playing fair means doing everything you can but within the rules of the game.

Nobody hurt means both physically & mentally. At the end of the day this is a game, we play for fun & for most of us it will remain a hobby away from work. It is not personal & don't let it get that way. If someone attacks you, we rise above it - as a team.

#### **2. Be Respectful**

Be respectful of yourself, your teammates, the opposition, your coaches & the officials. A few examples that we must demonstrate:

- We always shake hands after the game - with everyone, win or lose.
- We always thank our coaches & team managers after each training session or match.
- We are punctual, arriving at training or the ground in good time.
- We are always polite.
- We show Integrity, we are true to ourselves, our club & our values, at all times.
- We are extremely welcoming of any visitors to our club, and we are respectful of other clubs when we visit them.
- We represent the club at all times, including on & off the field and on social media also.

### **3. One Club Mentality**

**No one person or team is bigger than the club.**

Toft is a family club with everyone playing an equal role. Everything we do is for the benefit of the club and its members, both on & off the field.

A One Club Mentality means we are one big club, not different sections, or teams. Therefore, we celebrate each other's success, be that individual or team and each team's success, be that Seniors, Juniors or Women's, is just as important as each other.

### **4. Sweep The Sheds**

We do the small things that make a big difference, across all ages.

Never be too big to tidy up after ourselves. After each training session or game, we all offer to help tidy away equipment, so it is not just left to the coach, manager or captain.

We leave the changing rooms in a state that we would expect to find them, every time.

Sweep The Sheds also means you take 100% responsibility for yourself & your actions. You do not leave anything to someone else, you must take ownership.

### **5. Be Positive in Everything you do & enjoy it!**

Be that playing, training or watching - we take the positive option.

Whatever the outcome, we have fun whilst doing it, we take the challenge on & do not have a fear of failure.

We are here to play & enjoy this wonderful game. Playing with a smile on your face will make it a whole lot more enjoyable.

